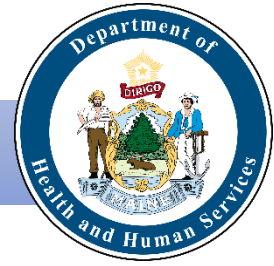


# SUPPORT for ME

## Strengthening Substance Use Disorder Treatment and Recovery Services for MaineCare Members



### PROJECT GOAL

This planning grant aims to increase MaineCare providers' capacity to deliver Substance Use Disorder (SUD) treatment and recovery services.

### WHY?

Maine has one of the top 10 highest drug overdose rates in the country.

In 2019, there were 380 drug overdose deaths, with over 80% due to opioids, nearly always in combination with other drugs or alcohol.<sup>1</sup>



### WHO?

SUPPORT for ME is a statewide effort to improve SUD treatment and recovery services for all Mainers, with a particular focus on the following:

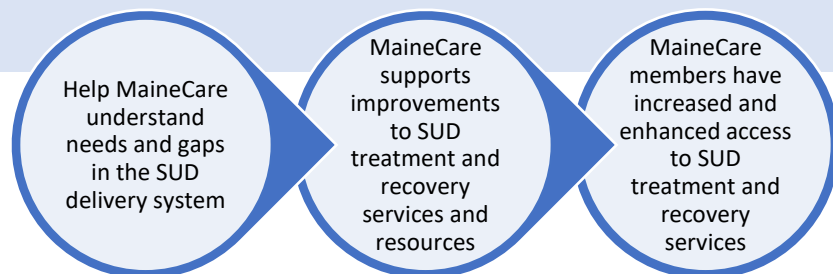
- Adolescents and youth (12-21)
- Individuals transitioning from care settings (e.g. leaving incarceration)
- American Indian / Alaska Native Nations
- Rural populations

### LEARN and EVALUATE

- Estimate the number and percentage of MaineCare members who have SUD, including Opiate Use Disorder (OUD)
- Identify providers who have the capacity and willingness to expand their provision of SUD treatment and recovery services
- Analyze gaps in MaineCare-covered SUD treatment and recovery services statewide to find areas for improvement
- Through conversations with people impacted by SUD, identify barriers to accessing and utilizing SUD treatment and recovery services and create a plan to overcome them

### IMPROVE SERVICES

- Expand telehealth capacity among SUD treatment and recovery providers.
- Create service locator tool so that people can better locate SUD providers, including prescribers, counselors, recovery centers, and other services they may need.
- Provide technical assistance and training to primary care providers to increase their ability to provide Medication Assisted Treatment (MAT).
- Review national and MaineCare payment rates and models for SUD treatment.



For more information, visit: <https://www.maine.gov/dhhs/oms/about-us/projects-initiatives/support-for-me> or contact Joanie Klayman ([joan.klayman@maine.gov](mailto:joan.klayman@maine.gov))

<sup>1</sup> Maine Drug Death Report for 2019